TRIP FOR CLASS XII

LEADERSHIP CAMP AT MANALI

"An experience for life"

<u>Objectives</u> - Outdoors bestow individuals an excellent opportunity to develop ability in themselves, which one would need in life to lead on all frontiers. Present program is themed to provide participants to explore some of these "New Frontiers" and develop skills by means of experiencing and exploring to handle situations smartly in times to come. The proposed program focuses on -

- ✓ Getting to know each person's unique strengths (reflection) and utilizing them productively in a team
- ✓ Setting goals and taking a group successfully through challenging tasks
- ✓ Create an open atmosphere to share learning and provide feedback
- ✓ Being creative & innovative
- ✓ Developing leadership skills

Highlights -

- ✓ Village visit To understand Himalayan village life
- ✓ Short Hiking and Trek to nearby waterfalls and ancient temples.
- ✓ Organic Farm and Orchard visit
- ✓ Cultural Performance Team & Individual
- ✓ Bonfire, Energizers etc.

Trip Details -

- ✓ **Duration** 5 nights and 5 days (Gurgaon to Gurgaon)
- ✓ Food Hygienic & nutritious food (vegetarian & non-vegetarian)
- ✓ *Eligibility* Mentally & physically fit participants of 10 years & above
- ✓ *Accommodation -* Karma Cottage *Home stay(<u>www.karmavilas.com</u>)*
- ✓ *Transportation* 2X2 Pushback AC Coach

Features of the program

- Focus on teamwork, leadership and communication
- Every participants shall be given an opportunity to become a leader
- The brief shall be given only to the leaders and they have to interpret the brief to their teams

- Focus on improvisation
- Optimum use of recourses
- World class safety gears and trained staff
- Escort(School to School)
 - a. Mr. Surender Kumar
 - b. Mr. Manoj Sharma/ Mr. Arpit Agarwal

c.

Package - INR 7,900/participant

Cost includes -

- ✓ Transportation
- ✓ Accommodation on sharing basis
- ✓ All meals both veg & non veg options (nutritious n hygienic)
- ✓ Juice, Biscuits and packaged drinking water while traveling
- ✓ Facilitation, coordination, professionals and safety gear
- ✓ First aid assistance
- ✓ All taxes

Cost does not include -

- Any expenses of personal nature like laundry, phone-call etc
- Expenses arises due to natural calamity

Kindly Note -

- ✓ Please confirm as soon as possible so that we could block the dates
- ✓ Proposed cost is valid for a minimum group-size of 40 participants
- ✓ One teacher shall be fully complementary every 15 student
- ✓ Payment policies
 - o With confirmation 75%
 - o Balance immediately after commencement
- ✓ In case of cancellation New Horizon Adventures shall retain
 - o 30 days prior 50% of the amount
 - o 15 days prior 75% of the amount
 - o 05 days prior we regret any refund

Tentative itinerary – ***Proposed itinerary is subject to change due to any unforseen reasons like traffic jam, weather condition etc.

Day/Time	Activity/Program
D 00	
Day 00	Gurgaon - Delhi – Overnight travel to Manali
1900 hours	Reporting at the school
2000 hours	Departure to the camp by bus
0100 hours	Stop for fresh and up
Day 01	Karma Cottage, Manali
1000 hours	Arrival at Nearest Road-head
1130-1200 hours	Breakfast
1200 hours	Organic Farm and Orchard visit
1430-1530 hours	Lunch
1530-1800 hours	Rest in the cottage
1800-1830 hours	Evening Snacks
1930-2030 hours	Bonfire
2030-2130 hours	Dinner
2200 hours	Lights off
Day 02	Camp Pine Riviera
0600 hours	Wake up call
0630 hours	Morning tea
0700 hours	Morning exercises/Yoga
0830 hours	Breakfast
0930 hours	Trek to nearby village
1300 hours	Lunch in the village
1800 hours	Reach back the cottage
1830 hours	Evening Snacks
1930 hours	Bonfire and Cultural performances
2100 hours	Dinner
2215 hours	Lights off
Day 03	Camp Pine Riviera – Organic Farm, Orchard and Village visit
0600 hours	Wake up call
0630 hours	Morning tea
0700 hours	Morning exercises/Yoga
0830 hours	Breakfast

0930 hours	Trek to nearby waterfalls and ancient temples
1330 hours	Lunch at the Khaknal water fall
1730 hours	Flying Fox
1800 hours	Evening Snacks
1930 hours	Bonfire and Cultural performances
2100 hours	Dinner
2215 hours	Lights off
Day 04	Site Seeing
0600 hours	Wake up call with Morning tea
0700 hours	Breakfast
0800 – 1300 hours	Mall road in Manali city
1300-1400 hours	Lunch
1600-1630 hours	Evening Snacks
1700 -1730 hours	Closing Ceremony
1830-1830 hours	Dinner
1900 hours	Departure to Delhi
0100-0130 hours	Stop for Fresh and up
Day 05	Delhi/Gurgaon
1000 hours	Delhi arrival
	Conclude of the Camp

Things to Carry

Personal Clothing -

- ✓ 3-4 Shirts/T-Shirts (FULL/HALF SLEEVES)
- ✓ 2-3 Pairs of Track Lowers/Trousers/Jeans
- ✓ Walking Shoes (with good grip) with 5-6 Pairs of Socks
- ✓ Warm Jacket-preferably water resistant (very essential)
- ✓ Short Pant/Capri & Floaters (essential for water based activities)
- ✓ 1 Sweater & Thermals
- ✓ Cap/hat & Hankies
- ✓ Under Clothing

Toiletries -

- ✓ Tooth Paste & Toothbrush
- ✓ Comb/Hair Brush, Soap & Shampoo
- ✓ Toilet Paper, Vaseline & Moisturizer
- ✓ Sunscreen lotion & Mosquito Repellent
- ✓ Towel

Miscellaneous -

- ✓ Writing material- Note book, Pencil, books on birds/wild life
- ✓ TORCH- with extra batteries (most important)
- ✓ Binoculars / Camera/Sunglasses (optional)
- ✓ Raincoat/umbrella
- ✓ Water bottle (very important)
- ✓ Small backpack to carry things for day excursions
- ✓ Prescribed Medication if any

Please Note -

- **E** Kindly note that all personal items are to be carried at own risk. Girls are requested to keep their jewelry to bare minimum.
- Kindly carry your belongings in a rucksack (a bag pack carried by strap on your back or shoulder) to make hassle free travel or to minimize the risk of loosing things.

Food – The Camp serves multi-cuisine hygienically prepared meals with both Vegetarian & Non-vegetarian options.